

COOKS CULINARY MANAGEMENT

Monthly Menu Calendar

January 1 - January 28

	Monday 1/3	Tuesday 1/4	Wednesday 1/5	Thursday 1/6	Friday 1/7
LUNCH					
Meat/Meat Alternate	Breaded Chicken Patty	Turkey & Sliced Cheese	WG Grilled Cheese	Hot Dog	String Cheese
Whole Grain/Grain Alternate	Hamburger Bun	Sliced Bread		Hot Dog Bun	Soy Butter and Jelly Sandwich
Vegetable or Fruit	Whole Apple	Whole Orange	Whole Banana	Whole Apple	Whole Orange
Vegetable	Cucumbers	Baby Carrots	Celery	Broccoli	Celery
Fluid Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					

	Monday 1/10	Tuesday 1/11	Wednesday 1/12	Thursday 1/13	Friday 1/14
LUNCH					
Meat/Meat Alternate	Breaded Chicken Patty	Turkey & Sliced Cheese	WG Grilled Cheese	Hot Dog	String Cheese
Whole Grain/Grain Alternate	Hamburger Bun	Sliced Bread		Hot Dog Bun	Soy Butter and Jelly Sandwich
Vegetable or Fruit	Whole Apple	Whole Orange	Whole Banana	Whole Apple	Whole Orange
Vegetable	Cucumbers	Baby Carrots	Celery	Broccoli	Celery
Fluid Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					

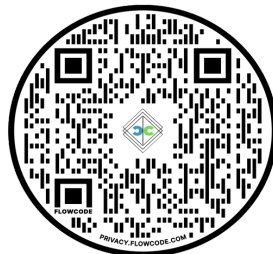
	Monday 1/17	Tuesday 1/18	Wednesday 1/19	Thursday 1/20	Friday 1/21
LUNCH					
Meat/Meat Alternate	Breaded Chicken Patty	Turkey & Sliced Cheese	WG Grilled Cheese	Hot Dog	String Cheese
Whole Grain/Grain Alternate	Hamburger Bun	Sliced Bread		Hot Dog Bun	Soy Butter and Jelly Sandwich
Vegetable or Fruit	Whole Apple	Whole Orange	Whole Banana	Whole Apple	Whole Orange
Vegetable	Cucumbers	Baby Carrots	Celery	Broccoli	Celery
Fluid Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain

	Monday 1/24	Tuesday 1/25	Wednesday 1/26	Thursday 1/27	Friday 1/28
LUNCH					
Meat/Meat Alternate	Breaded Chicken Patty	Turkey & Sliced Cheese	WG Grilled Cheese	Hot Dog	String Cheese
Whole Grain/Grain Alternate	Hamburger Bun	Sliced Bread		Hot Dog Bun	Soy Butter and Jelly Sandwich
Vegetable or Fruit	Whole Apple	Whole Orange	Whole Banana	Whole Apple	Whole Orange
Vegetable	Cucumbers	Baby Carrots	Celery	Broccoli	Celery
Fluid Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk	* 8 oz. Milk
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					

When "Grain" is listed, a CN labeled product has been used to provide the required grain component of the meal.

CN labels are kept on file and can be provided to you upon request. To submit a request, please visit www.cooks culinary.com and visit our support page.

We value your feedback! Please scan the QR code to provide any and all feedback or suggestions for meals.



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